



2016 Produce Schedule

	May	June	July	August	September	October	November
Acorn Squash					August to October		
Arugula	May to June				September to October		
Beans			July to September				
Beets		June to October					
Bok Choy	May to June				September to October		
Butternut Squash				August to October			
Cabbage		June			September to October		
Carrot		Late June to September					
Corn			July to September				
Cucumber			July to September				
Delicata Squash					September to October		
Herbs (Culinary)		June to October					
Kale	Late May to June				September to October		
Kohlrabi			July to September				
Lettuce	Late May to October						
Onions				August to October			
Parsnip		Late June to September					
Peas		June to July					
Potatoes			July to October				
Radishes	May to June				September to October		
Spinach	May to June				September to October		
Swiss Chard		June to September					
Tomatoes				August to September			
Turnip			July to September				
Zucchini			July to September				

We use organic seeds from either Greta's Organic Seeds in Ottawa, Tourne-Sol Farm in Quebec or Hawthorn Farm in Palmerston, ON.

What to Expect by Month

- JUNE Bag of Greens, Bundle of Beets, Fresh Herbs, Kale, 2 Lettuce Heads, Qt of Peas, Qt of Radishes, Swiss Chard
- JULY Qt of Beans, Qt of Peas, Bundle of Carrots, 2-3 Lettuce Heads, Parsnip, Turnips, Potatoes, Swiss Chard
- AUGUST Qt of Beans, Bundle of Beets, Bunch of Carrots, 2-4 Ears of Corn, 2 Lettuce Heads, Herbs, Qt of Onions, Potatoes
- SEPTEMBER Bag of Greens, Bundle of Beets, Fresh Herbs, Kale, 2 Lettuce Heads, Qt of Radishes, 2 Squash, 2-3 Zucchini
- OCTOBER Bag of Greens, Bundle of Beets, Fresh Herbs, Kale, Qt of Radishes, Swiss Chard, 2 Squash

**Note that these are example baskets and will not necessarily be accurate. Every week will be different based on what is harvested.*

